

## The Ottawa Hospital Academic Family Health Team ( TOHAFHT) CIVIC Campus Patient Parking Information

**Important:** Parking is very limited at The Ottawa Hospital. Please plan to leave enough time to locate parking or if possible, use public transit. Para transpo does have a dedicated drop-off location close to the clinic on Melrose.

### Dedicated TOHAFHT Parking Spots:

#### MAIN GRIMES LOT (18 spots – 2 accessible spots with permit)

- Enter through TOH main entrance off Carling Ave.
- Turn right at intersection and follow the road past the Ambulance entrance for Emergency and continue around the OMTU (tent) structure to the parking lot.
- Signs may indicate Authorized Parking Only with red circle with white line ( fire lane) , but it is acceptable to park in designated area
- There is signage indicating that parking is reserved Family Health Team, Weight Management Clinic and Grimes ONLY

#### J-BUILDING LOT (4 spots – 2 accessible with permit)

- Enter off Melrose Ave. next to the Ambulance entrance for University of Ottawa Heart Institute
- There are blue signs indicating that these spots are reserved for Family Health Team patients only

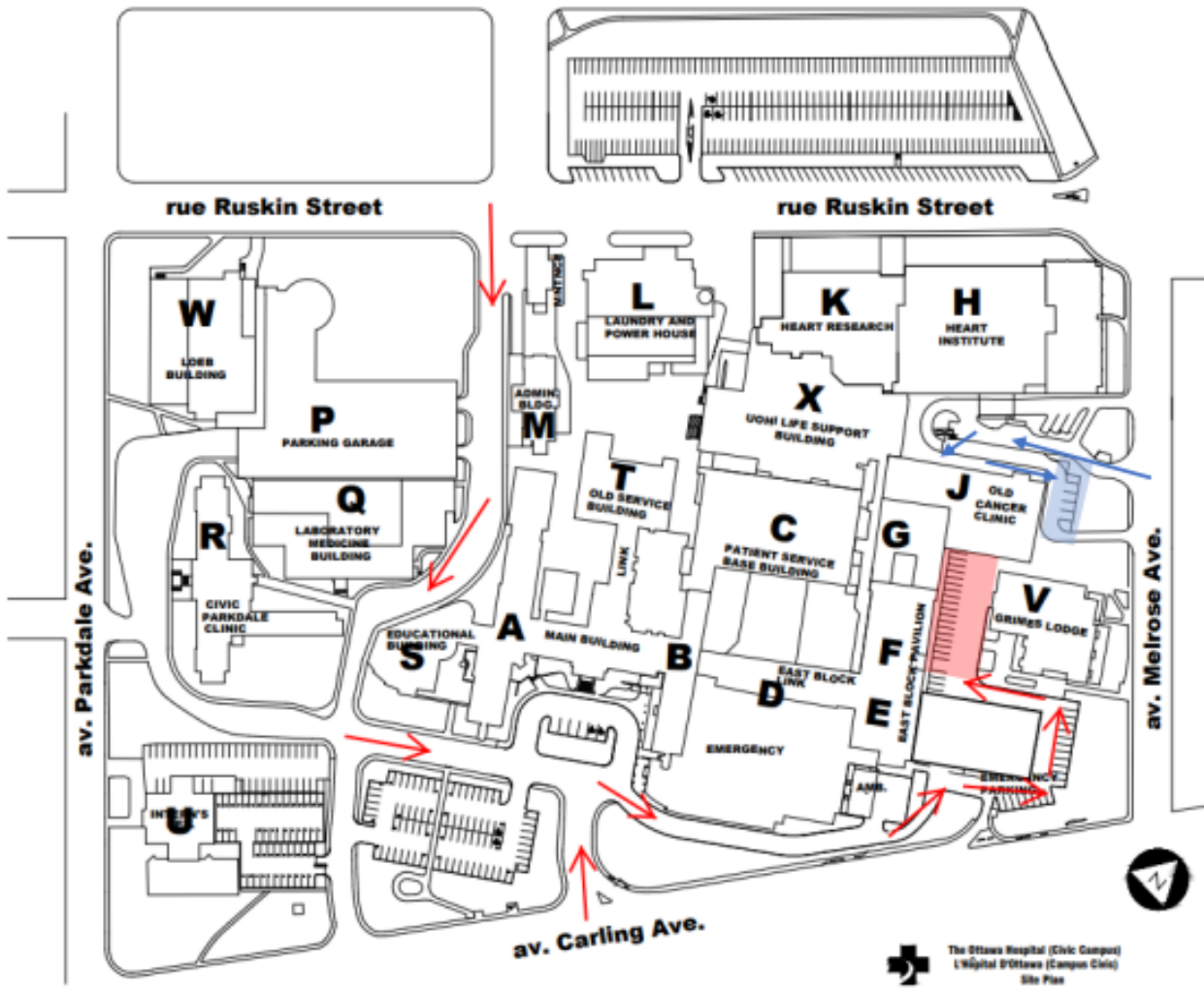
See map below for more details.


### Key Parking Points

- **You will need to estimate the time needed and PAY for parking at machine before appointment**
- ***NO ticket will be issued to display (machine records licence plate #)***
- Maximum time that can be reserved is **2 hours**
- You will need to have licence plate # to input into parking ticket machine
- TOH Parking will be enforcing parking and issuing tickets as needed
- To leave lot – follow around OMTU ( large tent structure) and exit at Carling Ave



- The FHT front desk clerks are unable to help troubleshoot parking difficulties.
- Please call **613-798-5555 ext 85600** if you have any parking issues




 The Ottawa Hospital (Civic Campus)  
 L'Hôpital d'Ottawa (Campus Cité)  
 Site Plan